

Stay Living at Home	Move to Senior Housing	Live with Family or Friend	Higher Level of Care
 <p>For the person who wants age-in-place in their own home (be it a private residence, condo, townhome or apartment) but, they need assistance to stay at home such as call assurance, food resources, medical alert solutions, mobility equipment, respite care, senior centers, transportation, etc.</p> <p>Contact your local Area Agency on Aging and 2-1-1 to find out about free services.</p> <p>Contact Housing Placement and In-Home Care & Companion organizations</p>	 <p>How well we will age, and how long we will be an active senior is unpredictable. Start your search early before need.</p> <p>Some of the types of senior housing include: Active Independent, Assisted Living, Alzheimer's AL, Continuum of Care (CCRC), Personal Care Boarding Homes and Subsidized Senior Housing.</p> <p>Contact Senior Housing locations near your home and neighborhood.</p> <p>Contact Housing Placement organizations.</p>	 <p>For a senior living with family in a multi-generational home or 2 or more unrelated seniors sharing a home, they may need assistance to stay at home such as call reassurance, food resources, medical alert solutions, mobility equipment, respite care, senior centers, transportation, etc.</p> <p>Contact your local Area Agency on Aging and 2-1-1 to find out about any local roommate services.</p>	 <p>Skilled nursing facilities are licensed to provide 24-hour medical services by registered nurses and other professionals for the chronically ill not requiring hospitalization. This is the highest level of nursing care available outside of hospitalization.</p> <p>Assuming you were hospitalized or under the care of a physician, ask to be connected to a discharge planner, care manager, and housing placement professional.</p>

These 3 groups refer to one and other to help older adults.

LOCAL Area Agency on Aging and 2-1-1

These groups refer you to resources

For Profits

Non-Profits

For-profits provide senior services

Non-profits provide senior services

Find your local Area Agency on Aging through Eldercare Locator

Call Eldercare Locator at 1-800-677-1116, tell them what city, county and state you need senior services for. They will give you the contact information for the local Area Agency on Aging. Your local Area Agency on Aging can connect you to local resources from adult day programs, Alzheimer's resources, caregiving, elder abuse, food resources, health insurance, home repair, legal assistance, transportation & much more. You can also visit their website to find information about programs. **Website:** www.eldercare.gov

Call 2-1-1 or visit the 211.org website

This is a free service that lists local resources on a variety of topics. The 2-1-1 website has a database that supports many topics, in many parts of the country. If you dial 2-1-1 from your local phone, you are connected to the 2-1-1 that serves your area. To help someone in a different part of the country, visit the website and search on their area. **Website:** www.211.org

NOTE: Not all areas of the United States offer the same local resources to help someone stay in their home however the local Area Agency on Aging and 2-1-1 are some of the best places to start looking for local resources. 2-1-1 services will often direct you to your local Area Agency on Aging and United Way. In general Area Agencies on Aging and 2-1-1 don't actually provide services* but they fund local non-profits that provide a variety of senior services. **These groups are "Referral Resources."**

**Some Areas on Aging provide senior services*

Visit SeniorsResourceGuide.com to find more resources