Questions to Ask Series - Health Services Directory

www.SeniorsE-Guide.com
Developed and Hosted by www.SeniorsResourceGuide.com
Introduction

This e-publication is a reference guide in locating local caregiver and wellness services through healthcare associations. Many of the association members offer a wide variety of support services including patient wellness and assessment programs, family caregiver education, medication and personal monitoring, care coordination and much more.

*Patient Assessment programs are designed to help caregivers and patients in areas such as preventative care, continence management, nutritional, senior exercise, mobility programs, and home safety all focused on activities of daily living support contributing to the overall health benefits of their patients.*

Many local caregiver, who are members of the associations, have Certified Wellness Specialists on staff with particular knowledge on designing programs for rehab patients transitioning back home, oncology wellness programs focused on gaining strength and vitality, disease management support as well as general aging challenges. Many offer short and long term care plans in association with the patient, family and medical providers.

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Alaska

State Healthcare Associations

Alaska Home Care and Hospice Association
www.ahcha.org

Alaska APTA – American Physical Therapy Association
www.akapta.org

Alabama

State Healthcare Associations

Home Care Association of Alabama
www.homecarealabama.org

Assisted Living Association of Alabama
www.alaaaweb.org

Alabama Physical Therapy Association
www.ptalabama.org

Arizona

State Healthcare Associations

Arizona Association for Home Care
www.azhomecare.org

Arizona Assisted Living Federation of America
www.azalfa.org

Arizona APTA
www.aptaaz.org

Arkansas

Arkansas Physical Therapy Association - ARPTA
www.arpta.org
California

**State Healthcare Associations**
- California Association for Health Services at Home
  [www.cahsah.org](http://www.cahsah.org)
- California Assisted Living Association
  [www.caassistedliving.org](http://www.caassistedliving.org)
- California APTA
  [www.ccapta.org](http://www.ccapta.org)

Colorado

**Colorado State Healthcare Associations**
- Home Care Association of Colorado
  [http://www.hcaconline.org](http://www.hcaconline.org)
- LeadingAge Colorado
  [www.leadingagecolorado.org](http://www.leadingagecolorado.org)
- Colorado APTA
  [www.coloradophysicaltherapists.org](http://www.coloradophysicaltherapists.org)

Connecticut

**State Healthcare Associations**
- Connecticut Association for Home Care, Inc
  [www.cahch.org](http://www.cahch.org)
- Connecticut Assisted Living Association
  [www.ctassistedliving.com](http://www.ctassistedliving.com)
- Connecticut APTA
  [www.ctpt.org](http://www.ctpt.org)

Florida

**State Healthcare Associations**
- Home Care Association of Florida
  [www.homecarefla.org](http://www.homecarefla.org)
- Florida Assisted Living Association
  [www.flalfa.org](http://www.flalfa.org)
- Florida APTA
  [www.fpta.org](http://www.fpta.org)
Delaware

**State Healthcare Associations**

Delaware APTA  
http://www.dptaonline.com

Georgia

**State Healthcare Associations**

Georgia Association for Home Health Agencies, Inc.  
www.gahha.org

Georgia Assisted Living Association  
www.georgiaalfa.org

Georgia APTA  
www.ptagonline.org

Hawaii

**State Healthcare Associations**

Healthcare Association of Hawaii  
www.hah.org

Hawaii APTA  
www.hapta.org

Idaho

**State Healthcare Associations**

Idaho Association for Home Care  
www.idahohomecare.org

Idaho APTA  
www.ptidaho.org

Illinois

**Illinois State Healthcare Associations**

Illinois HomeCare & Hospice Council  
www.illhomecare.org

Life Services Network of Illinois  
www.isni.org

Illinois APTA  
www.ipta.org
Indiana

State Healthcare Associations
Indiana Association for Home and Hospice Care, Inc.
www.iahhc.org
Indiana Assisted Living Association
www.inassistedliving.org
Indiana APTA
www.inapta.org

Iowa

State Healthcare Associations
Iowa Alliance in Home Care
www.iahc.org
Iowa APTA
www.iowaapta.org

Kansas

State Healthcare Associations
Kansas Home Care Association
www.kshomecare.org
Kansas APTA
www.kpta.com

Kentucky

State Healthcare Associations
Kentucky Home Care Association
www.khha.org
Kentucky Assisted Living Facilities Association
www.kentuckyassistedliving.org
Kentucky APTA
www.kpta.org

Louisiana

State Healthcare Associations
HomeCare Association of Louisiana
www.hclanet.org
Louisiana Assisted Living Association
www.lalaonline.org
Louisiana APTA
www.lpta.org
Maine

State Healthcare Associations

Home Care & Hospice Alliance of Maine
www.homecarealliance.org
Maine APTA
www.maineapta.org

Maryland

State Healthcare Associations

Maryland National Capital Homecare Association
www.mncha.org
LifeSpan Network
www.lifespan-network.org
District of Columbia APTA
www.dcpta.com
Maryland APTA
www.aptamd.org

Massachusetts

State Healthcare Associations

Home Care Alliance of Massachusetts
www.thinkhomecare.org
Massachusetts Assisted Living Association
www.massalfa.org
Massachusetts APTA
www.aptaofma.org

Michigan

State Healthcare Associations

Michigan Home Health Association
www.mhha.org
Michigan Assisted Living Association
www.miassistedliving.org
Michigan APTA
www.mpta.com

www.SeniorsResourceGuide.com
Minnesota

State Healthcare Associations

Minnesota HomeCare Association
www.mnhomecare.org

Minnesota APTA
www.mnapta.org

Mississippi

State Healthcare Associations

Mississippi Association for Home Care
www.mahc.org

Mississippi APTA
www.mspta.org

Missouri

State Healthcare Associations

Missouri Alliance for Home Care
www.homecaremissouri.org

Missouri Assisted Living Association
www.malarcf.org

Missouri APTA
www.mopt.org

Montana

State Healthcare Associations

MHA ... An Association of Montana Health Care Providers
www.mtha.org

Montana Health Care Association
www.mthealthcare.org

Montana APTA
www.mapta.com

Nebraska

State Healthcare Associations

Nebraska Association of Home & Community Health Agencies
www.nebraskahomecare.org

Nebraska APTA
www.npta.org
Nevada

State Healthcare Associations

Nevada Homecare Association
www.nvhca.net

Nevada APTA
www.nvapta.org

New Hampshire

State Healthcare Associations

Home Care Association of New Hampshire
www.homecarenh.org

New Hampshire APTA
www.nhapta.org

New Jersey

State Healthcare Associations

Home Care Association of New Jersey
www.homecarenj.org

Health Care Association of New Jersey
www.hcanj.org

New Jersey APTA
www.aptanj.org

New Mexico

State Healthcare Associations

New Mexico Association for Home and Hospice Care
www.nmahc.org

New Mexico APTA
www.nmapta.org

New York

State Healthcare Associations

Home Care Association of New York State
www.hcanys.org

New York APTA
www.nypta.org
North Carolina

State Healthcare Associations

Association for Home & Hospice care of North Carolina, Inc.
www.homeandhospicecare.org
North Carolina Assisted Living Association
www.ncala.org
North Carolina APTA
www.ncpt.org

North Dakota

State Healthcare Associations

Association for Home & Hospice care of North Carolina, Inc.
www.homeandhospicecare.org
North Carolina Assisted Living Association
www.ncala.org
North Carolina APTA
www.ncpt.org

Ohio

State Healthcare Associations

Ohio Council for Home Care and Hospice
www.ochch.org
Ohio Assisted Living Association
www.ohioassistedliving.org
Ohio APTA
www.ohioapt.org

Oklahoma

State Healthcare Associations

Oklahoma Association for Home Care
www.oahc.com
Oklahoma Assisted Living Association
www.okala.org
Oklahoma APTA
www.okpt.org
Oregon
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State Healthcare Associations
Oregon Association for Home Care
www.oahc.org
Oregon Health Care Association
www.ohca.com
Oregon APTA
www.opta.org

Pennsylvania
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State Healthcare Associations
Pennsylvania Homecare Association
www.pahomecare.org
Pennsylvania Assisted Living Association
www.pala.org
Pennsylvania APTA
www.ppta.org

Rhode Island
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State Healthcare Associations
Rhode Island Partnership for Home Care, Inc
www.riphc.org
The Rhode Island Assisted Living Association
www.riala.org
Rhode Island APTA
www.riapta.com

South Carolina
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State Healthcare Associations
South Carolina Home Care & Hospice Association
www.schomehealth.org
South Carolina Assisted Living Facilities Association
www.scalfa.org
South Carolina APTA
www.scapta.org
South Dakota

State Healthcare Associations

South Dakota Association of Healthcare Organizations
www.sdaho.org
South Dakota APTA
www.sdapta.org

Tennessee

State Healthcare Associations

Tennessee Association Home Care, Inc.
www.tahc-net.org
Tennessee APTA
www.tptatn.org

Texas

State Healthcare Associations

Texas Association for Home Care & Hospice, Inc.
www.tahch.org
Texas Assisted Living Association
www.tala.org
Texas APTA
www.tpta.org

Utah

State Healthcare Associations

Utah Association for Home Care
www.ua4hc.org
Utah APTA
www.uptaonline.org

Vermont

State Healthcare Associations

Vermont Assembly of Home Health Agencies
www.vnavt.com
Vermont APTA
www.vtapta.org
Virginia

State Healthcare Associations
Virginia Association for Home Care & Hospice
www.vahc.org
Virginia Assisted Living Association
www.valainfo.org
Virginia APTA
www.vpta.org

Washington

State Healthcare Associations
Home Care Association of Washington
www.hcaw.org
Washington APTA
www.ptwa.org

West Virginia

State Healthcare Associations
West Virginia Council of Home Care Agencies, Inc.
www.wvhomecareassociation.com
West Virginia APTA
www.wvpta.org

Wisconsin

State Healthcare Associations
Wisconsin Association for Home Healthcare, Inc.
www.wiahc.org
Wisconsin APTA
www.wpta.org

Wyoming

State Healthcare Associations
Wyoming APTA
www.wypta.org
*no home care or assisted living associations

*no assisted living associations
## Resources for Boomers, Seniors, Family Caregivers & Professionals

- **Seniors Resource Guide™ National and Local Internet Directories**
  SeniorsResourceGuide.com has 28 local regional Internet directories and a national directory. Each directory has its own database relevant to the needs of older adults. Topics are grouped in six categories: Senior Housing, Health at Home, Professional Services, Health Services, Care Management & Referral Services and Community Resources.
  Website: [www.SeniorsResourceGuide.com](http://www.SeniorsResourceGuide.com)

- **Seniors eGuide - "Don’t know what you don’t know about senior resources?"
  The sentence above may sound confusing but it brings into question that there are services and resources that the consumer does not know about in regard to aging and health services. This is where Seniors Resource Guide and other national resources come together to assist older adults, seniors and family caregivers to learn more.
  Website: [www.SeniorsEGuide.com](http://www.SeniorsEGuide.com)

- **Seniors eGuide on State Health Insurance Assistance Program - SHIP**
  SHIP is a FREE health benefits counseling service for Medicare beneficiaries and their families or caregivers. SHIPs’ mission is to educate, advocate, counsel and empower people to make informed healthcare benefit decisions. SHIP is an independent program funded by Federal agencies.

- **Family Discharge Planning**
  This is resource center is hosted on [www.SeniorsResourceGuide.com](http://www.SeniorsResourceGuide.com) lists a variety of senior services and resource providers relevant to Discharge Planning. The key to making good decisions on the healthcare services you need and who to use, is to research and evaluate available resources, then apply your knowledge and preferences to the evaluation process.
  Website: [www.FamilyDischargePlanning.com](http://www.FamilyDischargePlanning.com)

- **Seniors Resource Guide™ has Local Online Internet Directories**
  SeniorsResourceGuide.com also has 28 local regional Internet directories. If you need senior services in one of these areas click into the local market and explore the 76 topics at a local level Website: [www.SeniorsResourceGuide.com](http://www.SeniorsResourceGuide.com)

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Government & Non-Profit Resources for Seniors

U.S. Administration on Aging – Eldercare Locator – 800-677-1116
The Eldercare Locator helps older adults and their caregivers find their local Area Agency on Aging which is a resource for locating local services and housing options for seniors.
Website: http://www.eldercare.gov/

2-1-1 Get Answers, Get Connected
Website: http://www.211.org/

Administration for Community Living
Website: http://www.acl.gov/

Area Agencies on Aging – AoA
Website: https://www.acl.gov/

BenefitsCheckUp®
Website: http://www.benefitscheckup.org/

Caregiver Training – American Red Cross for Family Caregivers & Professionals
Website: http://www.redcross.org/take-a-class

Caregiver Training – Dementia Basics & Advanced Care Online Training Program
Website: http://www.hcinteractive.com/CARE

Caregiver Training – The Alzheimer’s Association essentiALZ™ Certification Program
Website: http://www.alz.org/essentiALZ

HUD – Local Public Housing Agency – PHA
Website: http://www.hud.gov/offices/pih/pha/contacts/index.cfm

HUD – US Department of Housing and Urban Development Section 8
Website: http://www.hud.gov/apps/section8/

National Association or Area Agencies on Aging – N4A
Website: http://www.n4a.org/

The National Center on Elder Abuse (NCEA)
Website: http://www.ncea.aoa.gov/

USA.gov Business Gateway
Website: http://www.usa.gov/Business/Business-Gateway.shtml

Veteran Services – National Resource Directory (NRD)
Website: http://www.nrd.gov/